



rganic

Cannabis • Vegetables • Flowers • Herbs

QUICK START GUIDE

SoHum Living Soils® is a microbial-based super soil that has been scientifically developed to be simple, organic and clean. It's a proprietary blend of organic macro and micronutrients, along with dense and diverse colonies of microbes, that provide each plant with an optimal source of beneficial bacteria and fungi needed to successfully complete a plant's life cycle, resulting in organic, high quality yields.

It's Simple. Just Add Water!

IMPORTANT CONSIDERATIONS

for SoHum Living Soils®

- As a result of the mixing process, the beneficial microbes and amendments form an interaction that is maintained to create the organic food source that results in an environment that is too strong for seeds, starts, seedlings and clones and therefore is **NOT** recommend using full strength SoHum for this purpose. We recommend using a 50/50 blend of SoHum with an organic seed starter soil for these type of applications.

- Full strength SoHum can be introduced at the first transplant stage into 1-gallon containers.

- SoHum works equally well in both top and bottom-watering systems as well as all indoor and outdoor container-grown crops.

- SoHum Living Soils® should be watered with dechlorinated, reverse osmosis (RO), tap or rainwater and should be analyzed to ensure that there are no extremes in pH. Routinely test water to keep pH levels between 6.0 and 6.5. If chlorinated water is to be used, it must be allowed to off gas for at least 24 hours.

- Flowering plants do not grow optimally with wet roots therefore avoid over-watering from the top as it may cause microbial nutrients to leach from the soil into your tray.

- SoHum never requires flushing since there are no salt-based nutrients to remove.

- Previously used soil can be recycled for future usage; however, you will be required to add the necessary micro and macro-nutrients which have been depleted during the previous cycle.

FOR THOSE GROWING IN CONTAINERS, the following chart will provide valuable information to keep your plants strong and healthy without depletion of nutrients.

Gallons	Liters	Weeks in Veg	Weeks in Flower
1	3.78	3-4	N/A
2	7.57	6-8	N/A
3	11.35	2	7
5	18.92	2-3	8
7	26.49	3	8
10	37.85	4	8
20	75.7	6	8

Proper temperature, humidity, and lighting are essential in achieving optimal results with SoHum Living Soils®. If your growing environment does not meet industry standards, our soil may not perform as well based solely on those conditions.



sohumsoils.com • info@sohumsoils.com

